

## Scottish Amateur Swimming Association

### WEST DISTRICT SHORT COURSE AGE GROUP CHAMPIONSHIPS 2005

#### Dates and Venues

**AGE GROUPS** 5/6<sup>th</sup> February Sir Matt Busby Sports Centre Bellshill  
12 & Under and 13/14 Years

**OPEN AGE GROUPS** 12/13<sup>th</sup> March To be confirmed.

Sessions: 10:00am and 2:30pm each day.

Warm Ups: 9:00am and 1:30pm each day.

These Championships are open to registered swimmers who are members of clubs affiliated to the West District of the S.A.S.A. There is a Consideration Time for each individual event and these are given with the attached order of events.

Entry to the Age Group Championships will be in accordance with the District Rules.

**Competitors age will be their age on the LAST day of each competition.**

#### **Entries**

For administration purposes, an Information Form must be submitted with the Entry Disc.

**DO NOT include a stamped addressed envelope.**

**IMPORTANT NOTICE – Time Cards WILL NOT be used at this Meet.**

**Seeded Start Lists for ALL Sessions will be prepared prior to the Meet and Withdrawals, by phone or email, will be accepted up to 6pm on Wednesday 2<sup>nd</sup> February, for exclusion from the Start Lists.**

**“On the Day” Withdrawals on “Withdrawal Forms” will be accepted, at the Meet Office, up to 45 minutes before the start of each Session for the purposes of allocating Reserves. Start Lists WILL NOT be re-seeded based on the Withdrawals on the day.**

**Reserves will be allocated to any available lanes at the beginning of each Session and will be announced prior to the start of the Session.**

Further assistance available from John Deans (01698 825507) & john.deans@blueyonder.co.uk

All entries must be addressed to:

John Deans  
Championship Convenor  
9 Tynron Court  
Hamilton  
ML3 8XD

**DO NOT SEND ENTRIES TO THE DISTRICT OFFICE**

## Entry Fees

Individual Events £4.00 each event

## Closing Dates

Entries close with the Championship Convenor on the following dates:

**AGE GROUPS** 8pm **Wednesday 11<sup>th</sup> January**  
12 & Under and 13/14 Years **Please note change of date**

**OPEN AGE GROUPS** 12 noon Sunday 6<sup>th</sup> February

## Submitted Times

To be 25 metre times, conversions can be used, and need not be accredited.

## Time Cards

**Time Cards WILL NOT be used at this Meet.**

**Seeded Start Lists for ALL Sessions will be prepared prior to the Meet and Withdrawals, by phone or email, will be accepted up to 6pm on Wednesday 2<sup>nd</sup> February, for exclusion from the Start Lists.**

**“On the Day” Withdrawals on “Withdrawal Forms” will be accepted, at the Meet Office, up to 45 minutes before the start of each Session for the purposes of allocating Reserves. Start Lists WILL NOT be re-seeded based on the Withdrawals on the day.**

**Reserves will be allocated to any available lanes at the beginning of each Event and will be announced prior to the start of the Session.**

Swimmers who do not withdraw on the day from a Final and fail to appear for their event will be fined £10.00

## Fines

Under District Rules there is a standard £2.00 Fine for any individual competitor who has recorded a time, slower than 1 second, for each 100 metre (or part of 100 metre) outside the Consideration Time.

## Technical Officials

District clubs entering swimmers in any District Swimming Championships must provide Swimming Technical Officials for each session of the championships in accordance with the following scale:

Total no.of Club swimmers per session	Number of STO's per session
1 to 4	None
5 to 9	<b>1 x Judge</b>
10+	2 of which at least 1 must be a Judge, Starter or Referee

A District Club failing to provide STO in accordance with this scale shall be subject to a fine of **£50.00 per person**, for each session in which the required STO is not present. Members of the organising committee shall be counted for the purpose of meeting this requirement.



# WEST DISTRICT SHORT COURSE AGE GROUP CHAMPIONSHIPS 2005

## GROUP 1

## 12 & UNDER and 13/14 AGE GROUPS

### Consideration Time

101	12 & U G	100 Breaststroke	HDW	01:38:00
102	12 & U B	100 Breaststroke	HDW	01:42:00
103	13/14 G	100 Breaststroke	HDW	01:34:00
104	13/14 B	100 Breaststroke	HDW	01:30:00
105	12 & U G	200 Butterfly	HDW	03:44:00
106	12 & U B	200 Butterfly	HDW	03:35:00
107	13/14 G	200 Butterfly	HDW	03:20:00
108	13/14 B	200 Butterfly	HDW	03:18:00
109	12 & U G	400 Freestyle	HDW	05:40:00
110	12 & U B	400 Freestyle	HDW	05:45:00
111	13/14 G	400 Freestyle	HDW	05:15:00
112	13/14 B	400 Freestyle	HDW	05:05:00
201	12 & U G	100 Backstroke	HDW	01:27:00
202	12 & U B	100 Backstroke	HDW	01:27:00
203	13/14 G	100 Backstroke	HDW	01:20:00
204	13/14 B	100 Backstroke	HDW	01:17:00
205	12 & U G	200 Freestyle	HDW	02:40:00
206	12 & U B	200 Freestyle	HDW	02:42:00
207	13/14 G	200 Freestyle	HDW	02:28:00
208	13/14 B	200 Freestyle	HDW	02:23:00
209	12 & U G	400 Ind. Medley	HDW	Open
210	12 & U B	400 Ind. Medley	HDW	Open
211	13/14 G	400 Ind. Medley	HDW	06:35:00
212	13/14 B	400 Ind. Medley	HDW	06:40:00
301	12 & U G	100 Butterfly	HDW	01:32:00
302	12 & U B	100 Butterfly	HDW	01:35:00
303	13/14 G	100 Butterfly	HDW	01:22:00
304	13/14 B	100 Butterfly	HDW	01:22:00
305	12 & U G	200 Breaststroke	HDW	03:20:00
306	12 & U B	200 Breaststroke	HDW	03:30:00
307	13/14 G	200 Breaststroke	HDW	03:15:00
308	13/14 B	200 Breaststroke	HDW	03:15:00
309	12 & U G	800 Freestyle	HDW	13.10.00
310	12 & U B	200 Ind. Medley	HDW	03:00:00
311	13/14 G	800 Freestyle	HDW	11:40:00
312	13/14 B	200 Ind. Medley	HDW	02:40:00
401	12 & U G	100 Freestyle	HDW	01:15:00
402	12 & U B	100 Freestyle	HDW	01:15:00
403	13/14 G	100 Freestyle	HDW	01:10:00
404	13/14 B	100 Freestyle	HDW	01:06:00
405	12 & U G	200 Backstroke	HDW	03:08:00
406	12 & U B	200 Backstroke	HDW	03:10:00
407	13/14 G	200 Backstroke	HDW	02:55:00
408	13/14 B	200 Backstroke	HDW	02:55:00
409	12 & U G	200 Ind. Medley	HDW	03:05:00
410	12 & U B	1500 Freestyle	HDW	Open
411	13/14 G	200 Ind. Medley	HDW	02:50:00
412	13/14 B	1500 Freestyle	HDW	22:00:00

# WEST DISTRICT SHORT COURSE AGE GROUP CHAMPIONSHIPS 2005

## GROUP 2

## OPEN AGE GROUPS

### Consideration Time

101	Female	50 Breaststroke	Heats	00:41:00
102	Male	50 Breaststroke	Heats	00:39:00
103	Female	100 Backstroke	Heats	01:17:00
104	Male	100 Backstroke	Heats	01:15:00
105	Female	200 Butterfly	HDW	03:00:00
106	Male	200 Butterfly	HDW	02:50:00
107	Female	200 Ind Medley	HDW	02:53:00
108	Male	200 Ind Medley	HDW	02:42:00
109	Female	400 Freestyle	HDW	04:58:00
110	Male	400 Freestyle	HDW	04:40:00
201	Female	50 Backstroke	Heats	00:36:00
202	Male	50 Backstroke	Heats	00:36:00
203	Female	100 Butterfly	Heats	01:20:00
204	Male	100 Butterfly	Heats	01:20:00
205	Female	200 Freestyle	HDW	02:30:00
206	Male	200 Freestyle	HDW	02:20:00
207	Female	400 Ind Medley	HDW	06:10:00
208	Male	400 Ind Medley	HDW	05:55:00
301	Female	50 Butterfly	Heats	00:36:00
302	Male	50 Butterfly	Heats	00:34:00
303	Female	100 Freestyle	Heats	01:07:00
304	Male	100 Freestyle	Heats	01:01:00
305	Female	200 Breaststroke	HDW	03:18:00
306	Male	200 Breaststroke	HDW	03:05:00
307	Female	1500 Freestyle	HDW	22.30.00
308	Male	800 Freestyle	HDW	10.15.00
401	Female	50 Freestyle	Heats	00:31:00
402	Male	50 Freestyle	Heats	00:28:00
403	Female	100 Breaststroke	Heats	01:28:00
404	Male	100 Breaststroke	Heats	01:24:00
405	Female	200 Backstroke	HDW	02:48:00
406	Male	200 Backstroke	HDW	02:45:00
407	Female	800 Freestyle	HDW	10:50:00
408	Male	1500 Freestyle	HDW	19:00:00