

## Scottish National Open Championships 2006

Dear Colleague,

Please find enclosed a listing of those entries, if any, that have been rejected. We have pleasure in confirming that your other entries have been accepted for the above Championships. We would ask that you inform the undernoted of any withdrawals from day one **BY NOON ON WEDNESDAY 28<sup>th</sup> June 2006.**

**Mr John Bruce**  
**Entry Secretary**  
**50 Station Road**  
**Roslin, EH25 9LR**

**Email: [jbruce2160@aol.com](mailto:jbruce2160@aol.com) Mobile: 07761 554965**

**Emergency email during meet: [pete@swimscotland.co.uk](mailto:pete@swimscotland.co.uk)**

In order to ensure a smoothly run meet we have detailed below a few points which we hope you will find useful. **We would ask that you pass them on to other members of your team.**

**You are requested to notify the Recorders of any Anglo Scots in your team.**

### Session Times

Sessions will be the same for each day apart from Sunday.

#### Morning

Warm Up: 07.30  
Start: 08.45

#### Afternoon

Warm Up: 12.15  
Start: 13.15

#### Finals

Warm Up: 16.30  
Start: 17.30

#### Sunday only

Warm Up: 07.30  
Start: 08.45

Warm Up: 12.00  
Start: 13.00

Warm Up: 15.30  
Start: 16.30

### Information Pack

An envelope containing a Meet Programme, Warm Up Schedule, Presentation Schedule, Estimated Time Line, Team Lines, Coaches Passes and Meal Tickets will be available from the Meet Information Desk for each club on arrival.

**A team managers meeting will take place at 07.15 on Thursday 29<sup>th</sup> June in the briefing room on the left hand side of the main entrance.**

### Withdrawals after 28<sup>th</sup> June

All withdrawals must be made on the official forms provided.

Late withdrawals and withdrawals from Finals must be made at the recorders desk as normal. In the interests of all competitors a rigorous approach will be taken to ensure compliance with the withdrawals procedures.

### Heats

Withdrawals from days two, three and four, not previously notified, must be posted at the Recorders Desk, **not later than the end of the AFTERNOON session**, on the day prior to the event.

### Finals

Withdrawals must be notified to the Recorders Desk within **thirty minutes** of the final's list being posted and announced. **NB: Reserves must marshal for the finals unless they are officially withdrawn.**

### Late Withdrawals

Must be notified to the recorders desk.

In the case of a competitor, not previously withdrawn, who fails to appear for heats or finals or who has withdrawn outwith the designated time frame, the competitor shall pay, without excuse (except in the case of genuine illness or proven emergency) a fine of £10.00 per incident. Any competitor withdrawing from a final in such a manner as to prevent a reserve taking part (except as stated above) shall be suspended immediately from all further events at the Championships.

**Please Note:** Any late withdrawals from Heats and Finals on medical grounds should be discussed with the Meet Director prior to submission to the Recorders.

### Information and Recorders Desk

Information Desk: This is located at the entrance to the changing village in the main foyer.

Recorders Desk: This is located at the starting end of the pool in the first row of seating.

### Warm Up/Swim Down

Guidelines for the effective running of warm-ups will be enclosed in your information pack. Please note that there may be split warm-ups and we would ask that you co-operate with the marshals, especially in respect of lingering at the lane ends. There must be no diving other than in Sprint Lanes, as notified, and absolutely no diving in the 4 x 25m pool.

The 4 x 25m pool will be available for additional warm-ups and for swim downs throughout the Competition. We would ask you to ensure that your swimmers respect this facility and keep noise to an absolute minimum so as not to disturb those about to compete. Should this facility be misused it will be withdrawn.

### Start Sheets and Results

Start Sheets (for clubs) – These will be available from the Information Desk, on production of a coach's pass, before and during each session on the basis of one per ten swimmers per club. Additional copies may be purchased from the Information Desk.

Results – Will be available from the Information Desk on production of a coach's pass, as above. Additional copies may be purchased from the Information Desk.

### Marshalling

Marshalling: Competitors, **including reserves**, are requested to report to the area adjacent to the Splash Pool three heats/finals in advance. For distance events please report **at least 5 mins** before the start of the appropriate heat. **It is essential that swimmers marshal at the first marshalling area (Splash Pool). Swimmers who fail to do so will be deemed to have withdrawn from the event.**

### Relays Only

Girls Teams marshal at the Splash Pool, Boys Teams marshal at the far side of the pool at bottom end.

### Seating: For teams/competitors will be available as follows:

All areas, other than the block immediately adjacent to the recorders/omega suite, will be available for swimmers and team staff. **Extreme care should be taken when entering and leaving this area as the stairs will inevitably become wet and slippery.** Appropriate footwear must be worn at all times.

On the far side of the pool as directed by marshals.

**Please note: The block immediately adjacent to the recorders/omega suite will be unavailable to swimmers and used exclusively for VIPs and spectators.**

### **Starts/Finishes**

Over the top starts will be used in heats, where appropriate.

All starts will take place from the scoreboard end of the pool apart from 50s which will start at the turn end of the pool. When the instruction from the Referee is given to 'leave the water', competitors should exit from either side of the pool to retrieve their belongings but are asked to wait until the next race is underway before leaving the starting area. In the finals sessions all swimmers should exit the pool by the far side.

### **Personal Belongings**

**Competitors are strongly advised not to leave personal belongings in the changing rooms unless secured in a locker. Valuable items should be deposited with the team staff and not taken to the marshalling or start areas.**

Clothes baskets will be available at each lane end and competitors are recommended to make use of them.

### **Presentations**

Presentations will take place according to the presentation schedule. Competitors are requested to comply with the schedule and any alterations (announced/published) to it. The assembly point for medallists will be at the far side of the pool at the start end (Lane 1 side). Should a competitor be unavailable to attend the presentation ceremony a representative may stand in. This should be notified to the marshal.

It is the responsibility of the Coach/Team Manager to ensure that medallists or a deputy be available for presentation as per the presentation schedule, a copy of which will be included in you information pack and posted around the pool.

***Failure of a swimmer or deputy to attend the appropriate presentation will result in the swimmer forfeiting his/her medal.***

### **Best Team Cup**

A Best Team Cup will be presented at this event. Information on the criteria for this will be in the club envelope.

### **Drug Testing**

Please note that drug testing may be in operation at this event. All competitors not registered with the SASA or the ASA will require to sign an agreement to undergo tests in accordance with FINA law. Completed forms (copies enclosed) must be submitted to the Information Desk on arrival.

### **Reserves for Finals**

A maximum of **TWO** reserves will be nominated for the final. **All reserves must inform the recorders of their intention to swim or withdraw.** In the case of the nominated reserves withdrawing, no further competitors will be nominated.

### **Training Times**

It may be possible to arrange some training times directly with the pool on Wednesday 28<sup>th</sup> June. This would be subject to availability.

Please contact: Mr Geoff Morrison, Tollcross Park, Glasgow Tel: 0141 763 2345

### **Miscellaneous**

The pool management has requested that no outdoor shoes be worn on the poolside and that only coaches/team managers with a pass be allowed on the poolside to avoid congestion. To allow for the smooth running of the Meet we ask that these requests are complied with. **The pool staff also request that feet are dry before using the balcony stairs.**

A small questionnaire is enclosed in your pack and we hope that you will find time to complete it and return it to the Association or Meet Information Desk. Scottish Swimming wishes you a successful Championships and a pleasant stay in Glasgow.

Yours sincerely

***Margaret Riach - Meet Director***